

Improving Results of Treatment with Adolescents through an Injection of Fun

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Importance of Injecting fun

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| <p>Clients</p> <ul style="list-style-type: none"> ▶ Needs ▶ Interests ▶ Connection ▶ Vulnerabilities ▶ Psychoeducation ▶ Individualized ▶ Level of skills | <p>Clinicians</p> <ul style="list-style-type: none"> ▶ Vulnerabilities/self care ▶ Curiosity ▶ Creativity ▶ Trust ▶ Foundation ▶ Risk management |
|---|---|

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How to Inject Fun into Treatment

- ▶ Think big, but start small
- ▶ Sequence
- ▶ Don't let rolling eyes stop you
- ▶ Be confident in being silly
- ▶ There is value in every game/activity/song/video
- ▶ Offer choices
- ▶ Include parents

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