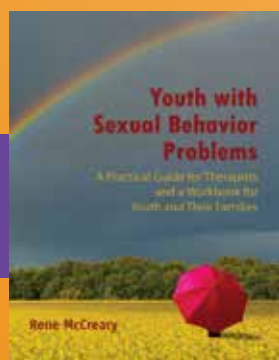


2023 Catalog

Books and training for the prevention and treatment of personal and social violence

Shipping fees	2
Adult Workbooks & Treatment Resources	3
Professional Guides & Treatment Resources for working with adults	6
Resources for working with adults with intellectual challenges	9
Workbooks & Treatment Resources for youth with problem behaviors	10
Professional Guides and Resources for working with youth	14
Resources from Toni Cavanagh Johnson	15
The Forward-Focused Model	16
A Compelling Idea	17
Resources for Families	18
Resources for Survivors	19
More Professional Resources	20
Continuing Education Center	22
New Circle Magazine	23



Youth with Sexual
Behavior Problems
See page 11



Gendered Treatment
Assessment
See page 24



Getting the Most
from Group
See page 6



Your Personal History
See page 5

**NEW
BOOKS**

Earn CE's through our Continuing Education Center

See page 22 for more information about how you can earn CE's through our online training events. And for information about our Safer Talk free webinar series.



Shipping Policy - **FREE Shipping** on orders of \$75 or more within the U.S.

Orders shipping within the United States - Standard domestic shipping is free on all orders of \$75 or more. Shipping is via UPS Ground Service within the continental United States, media mail to Hawaii and Alaska. Pricing for rush deliveries is on a case by case basis. Call to place your rush order. (This policy does not apply to resellers. Please contact us for shipping fees for reseller orders.) For domestic orders up to \$10, shipping is \$3.50. Orders from \$10.01 to \$49.99, shipping is \$9.00. Orders \$50 to \$74.99 shipping is \$15.50.

Orders shipping to Canadian addresses

- up to \$64.99 = \$24.00
- \$65 – \$192.99 = \$56.00
- \$193 – \$399.99 = \$112.00
- \$400 – \$599.99 = \$169.00
- More than \$600, call or e-mail

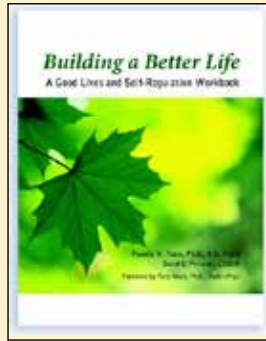
Orders shipping to all other international addresses

- up to \$64.99 = \$41.00
- \$65 – 192.99 = \$89.00
- \$193 – \$399.99 = \$178.00
- \$400 – 599.99 = \$267.00
- More than \$600, call or e-mail

Adult Workbooks & Treatment Resources

Good Lives Model

*Available in English
or Spanish editions*



Building a Better Life

A Good Lives and Self-Regulation Workbook

by Pamela M. Yates & David S. Prescott

A comprehensive good lives and self regulation model workbook for sexual abuser treatment developed by two of the leading experts on these models.

424 pages, paper | \$33 | Order#: WP152

Becoming the Man I Want to Be

A Good Lives Workbook

by David S. Prescott

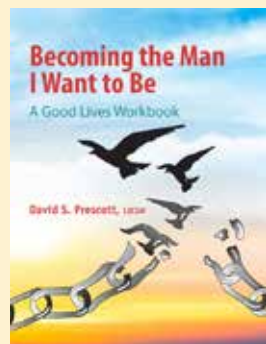
A trim, user-friendly good lives workbook for men who have been incarcerated or court-ordered into therapy for a wide range of criminal behaviors. Colorful illustrations connect clients with the many case examples, which helps them comprehend the concepts and the eight good life goals.

English: 130 pages, paper | \$29 | Order#: WP200

Spanish: 130 pages, paper | \$29 | Order#: WP230

Counselor's Edition: Becoming the Man I Want to Be

PDF | \$10 | Order#: WP203D



*The Good Lives
Model for women*

*A counselor's edition
is in the works*



Becoming the Woman I Want to Be

A Good Lives Workbook

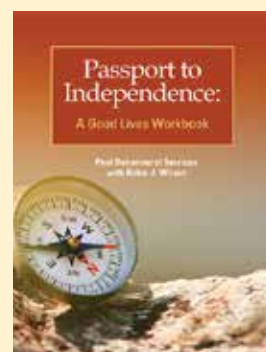
by David S. Prescott, Dawn Pflugrad & Bradley Allen

Built on the framework originated by David Prescott in Becoming the Man I Want to Be, this workbook has been adapted by Dawn Pflugrad and Bradley Allen, two leading experts in the treatment of adult women. They've given Becoming the Woman I Want to Be language and scenarios that speak directly to women, while retaining the straightforward approach originated by Prescott.

English: 129 pages, paper | \$29 | Order#: WP233

*For more on the
good lives model, see*

*Applying the
Good Lives and
Self-Regulation
Models
to Sex Offender
Treatment
on page 6.*



Passport to Independence

A Good Lives Workbook

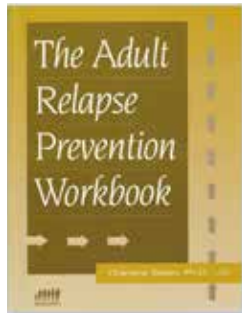
by Peel Behavioural Services with Robin J. Wilson

A collection of exercises that treatment providers and clients can use to make concepts such as "community" and "being good at work and play" clearer and easier to incorporate into clients' lives moving forward.

292 pages, paper | \$32 | Order#: WP193

Adult Workbooks & Treatment Resources

A classic relapse prevention approach



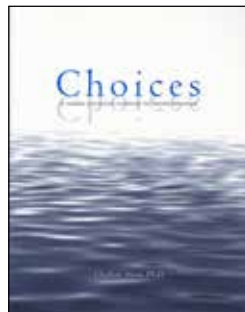
The Adult Relapse Prevention Workbook

by Charlene Steen

In her straightforward, direct style, Charlene Steen teaches adult sexual abusers in treatment the skills to live an abuse-free life: changing emotions, consequences, urge control, effects on victims, empathy, communication, sex, love and friendship, placed in the context of learning to develop and use a Relapse Prevention Plan.

245 pages, paper | \$30 | Order#: WP085

Relapse prevention workbook for women



Choices

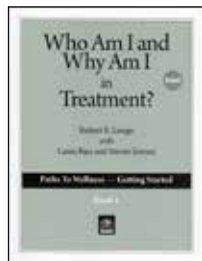
A Relapse Prevention Workbook for Female Offenders

by Charlene Steen

Choices is based on the cognitive-behavioral format Dr. Steen applies in *The Adult Relapse Prevention Workbook*, with extensive adaptation and additional material for the female audience.

330 pages, paper | \$34 | Order#: WP117

Workbooks from Longo, Bays & Sawyer

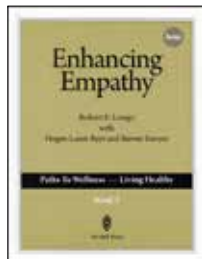


Who Am I & Why Am I in Treatment?

by Robert E. Longo with Laren Bays and Steven Sawyer

This classic workbook for sexual abusers introduces clients to assessment and treatment, helping them understand why they sexually abuse, why they deny it, and what to expect in treatment. Each chapter includes homework and exercises.

NEARI | 85 pages, paper | \$21 | Order#: WP180



Enhancing Empathy

by Robert E. Longo with Laren Bays and Steven Sawyer

Helps clients develop empathy for others. The workbook clarifies in simple, concrete terms the difference between self-pity and empathy, details the effects of sexual abuse on victims, describes steps toward building empathy, warns about the four poisons that prevent empathy, describes in detail compassionate actions, and points the way toward a balanced life. Each chapter includes homework and exercises.

NEARI | 77 pages, paper | \$18 | Order# WP181



Why Did I Do It Again & How Can I Stop?

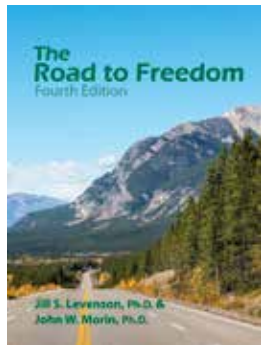
by Robert E. Longo with Laren Bays and Steven Sawyer

This volume expands on the standard relapse prevention workbook, teaching clients about cycles of abuse, the sexual abuse cycle, thoughts, feelings and behaviors that make up cycles, values clarification, relapse prevention, and basic interventions for cognitive distortions, mismanaged emotions, behavioral problems and more. Each chapter includes homework and exercises

NEARI | 77 pages, paper | \$26 | Order# WP182

Adult Workbooks & Treatment Resources

This popular workbook is now in its fourth edition.



The Road to Freedom, 4th Edition

by Jill S. Levenson & John W. Morin

This new edition has been expanded and incorporates contemporary theories, models, and evidence-informed best practices for prevention of sexual re-offending. The language is more strengths-based, client-centered, person-first, and trauma-informed. Example scenarios illustrate concepts through examples based on real-life cases.

380 pages, paper | \$33 | Order#: WP225

How can clinicians and other professionals motivate adult clients who have been mandated into treatment?



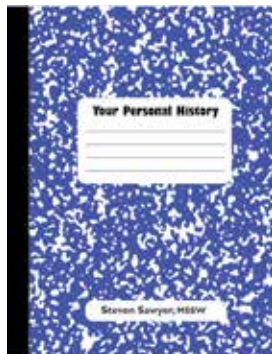
Awakening Motivation for Difficult Changes

by David S. Prescott and Robin Wilson

Prescott and Wilson deal directly with motivation, setting the stage for the preparatory stages of change. Once a client moves into treatment, this workbook provides the concrete steps for a client to examine and address their barriers to effective treatment and ultimately, positive change.

90 pages, paper | \$19 | Order#: WP190

New from the co-author of Group Therapy with Sexual Abusers.



Your Personal History

by Steven Sawyer, MSSW

Steven Sawyer has written this supplemental workbook to gather biographical information from your clients to help achieve successful treatment. The exercises ask your client to examine his personal history, relationships, family, school and work history, significant events in his life, and his sexuality and sexual behaviors.

76 pages, paper | \$18 | Order#: WP228

A motivational client workbook that supports group-centered treatment for adolescent and adult males,



Getting the Most from Group

A Workbook to Build Self-Understanding and Positive Relationships Through the Group Experience

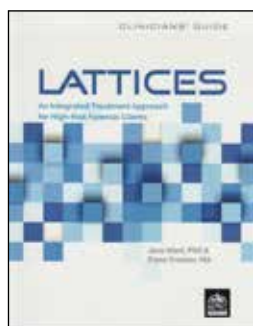
by Jerry L. Jennings & Steven Sawyer

This workbook complements overall treatment by preparing clients to enter group therapy with hope and even optimism rather than apprehension. It fits any therapeutic framework, including cognitive behavioral, psychodynamic, good lives and interpersonal. Written for adolescent and adult males alike, and can be used in outpatient, residential, inpatient, correctional, and forensic settings and for multiple types of group-based treatment programs, including treatment for substance abuse, domestic violence, sexual abuse, mental health, and anger management.

64 pages, paperback | \$12 | Order#: WP231

*Clinician's Guide,
downloadable PDF*

Client workbook



Incorporating Risk-Need-Responsivity (RNR) principles, the LATTICES™ program gives experienced treatment providers a fresh approach to success. LATTICES™ offers an innovative and research-based treatment program for high-risk clients who have a history of sex offense, intimate partner violence, or other exploitative crimes.

LATTICES Clinicians' Guide

An Integrated Treatment Approach for High-Risk Forensic Clients

By Jane Ward, PhD & Diana Groener, MA

108 pages, PDF | \$10 | Order#: WP207D

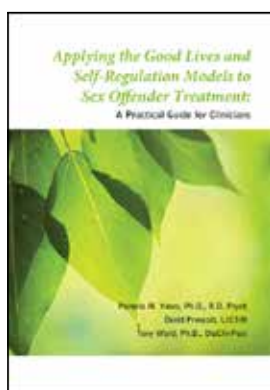
LATTICES Client Workbook

By Jane Ward, PhD & Diana Groener, MA

59 pages, PDF | \$20 | Order#: WP206

Professional Guides & Treatment Resources for Working with Adults

*The good lives guide
for clinicians*



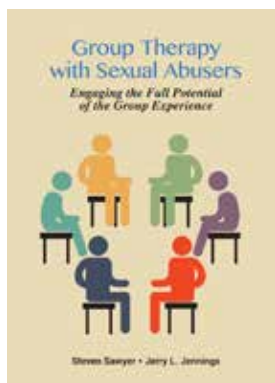
Applying the Good Lives and Self-Regulation Models to Sex Offender Treatment

A Practical Guide for Clinicians

by Pamela M. Yates, David Prescott & Tony Ward

A comprehensive guide to integrating the Good Lives and Self-Regulation models into a sex offender treatment program. The authors present the two models as a combined program to build a lifestyle incompatible with offending and effectively managing risk. This is a thorough, step-by-step guide.

320 pages, paper | \$45 | Order# WP145



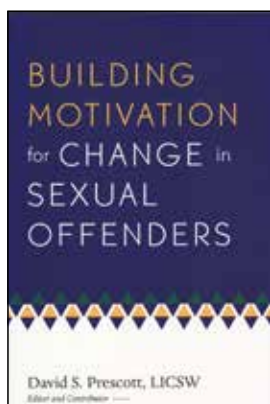
Group Therapy with Sexual Abusers

Engaging the Full Potential of the Group Experience

by Steven P. Sawyer & Jerry L. Jennings

The first book dedicated specifically to group therapy with adult sexual abusers. Sound, practical guidelines for facilitating groups in the powerful mode of "group-centered" group therapy.

208 pages, paper | \$42 | Order#: WP174



Building Motivation for Change in Sexual Offenders

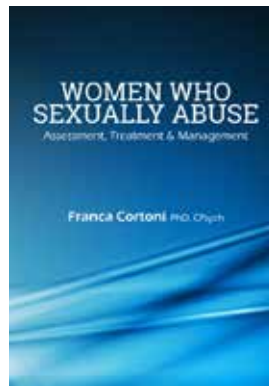
edited by David S. Prescott

This book includes both theoretical and concrete approaches to creating a client/therapist environment that promotes the client's willingness to change.

256 pages, paper | \$42 | Order#: WP138

Professional Guides & Treatment Resources for Working with Adults

*From the world's
leading expert on
women who sexually
abuse*

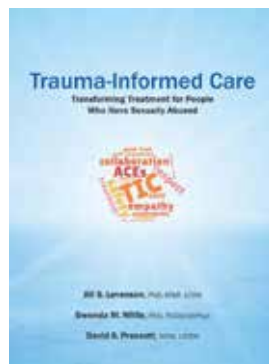


Women Who Sexually Offend *Assessment, Treatment & Management*

by Franca Cortoni, PhD, CPsych

It is now well-established that a gender-informed approach is required to fully understand the processes and factors that are specific to sexual offending by women. Dr. Cortoni reviews what we currently know about women who engage in sexually abusive behavior and recommends best practices for the assessment, treatment and management of female sexual offenders.

179 pages, paper | \$42 | Order# WP192



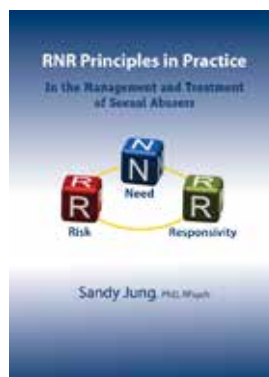
Trauma-Informed Care

Transforming Treatment for People Who Have Sexually Abused

by Jill S. Levenson, Gwenda M. Willis & David S. Prescott

Transform interventions from primarily content-driven psychoeducation to a more collaborative and dynamic, process-oriented approach that uses the therapeutic encounter as a corrective emotional experience. Numerous case studies and examples help to illustrate and crystalize the concepts presented.

307 pages, paper | \$42 | Order# WP178



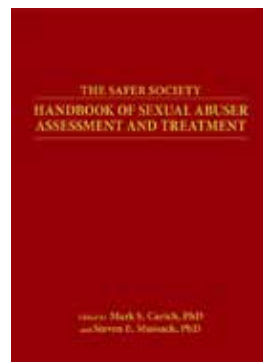
RNR Principles in Practice

In the Management and Treatment of Sexual Abusers

by Sandy Jung

Dr. Jung summarizes the history of RNR and the science behind it; translates the principles into practice with sexual offenders; describes what that implementation looks like; and examines the potential challenges of implementation. View the table of contents and introduction at the website.

184 pages, paper | \$32 | Order# WP177



The Safer Society Handbook of Sexual Abuser Assessment and Treatment

edited by Mark S. Carich & Steven E. Mussack

The volume provides clinicians with empirically and clinically supported methods for assessing the treatment needs of sexual offenders and providing them with effective treatment. The chapter authors chosen to write about their areas of specialization are respected authorities in the field. With 16 information-filled chapters and two practical appendices, the handbook is a must-have reference for any professional working with adult sex offenders.

456 pages, paper | \$50 | Order#: WP162

Professional Guides & Treatment Resources for Working with Adults

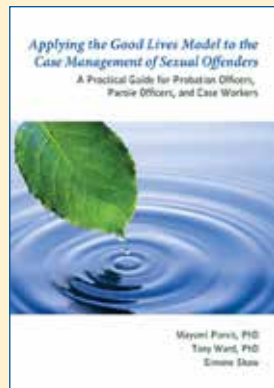
For child protection services professionals, probation and parole officers, mental health professionals, victim advocates



Risk of Sexual Abuse of Children (ROSAC)
Structured Professional Guidelines for Assessing the Risk a Sexual Abuser Poses to a Child and Making Contact Decisions
by Robert J. McGrath, Heather M. Allin & Georgia F. Cumming

A professional guide for those tasked with assessing the risk a sexual abuser poses to a particular child and under what circumstances, if any, the abuser might safely be allowed contact with the child.
75 pages, spiral bound | \$34 | Order#: WP170

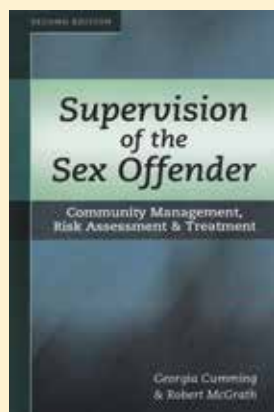
For Case Managers



Applying the GLM to the Case Management of Sexual Offenders
A Practical Guide for Probation Officers, Parole Officers, and Case Workers
by Mayumi Purvis, Tony Ward & Simone Shaw

The authors were part of the team that implemented a specialist case management model for sexual offenders at Corrections Victoria in Australia. The book is based upon that foundation of practical experience. The authors explain the core theories, principles and practices they believe should drive the case management of sexual offenders.

320 pages, paper | \$38 | Order#: WP159

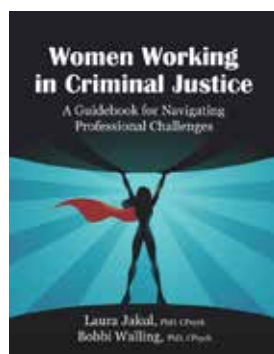


Supervision of the Sex Offender
Community Management, Risk Assessment, and Treatment
by Georgia F. Cumming & Robert J. McGrath

The second edition of Supervision of the Sex Offender offers a wealth of practical advice and best-practice strategies for supervising sex offenders. The authors have drawn upon their combined 50 years of experience in this field to create a guide that is comprehensive, yet easy to use.

218 pages, paper | \$35 | Order#: WP106

Also a valuable management tool for men who supervise women in the field



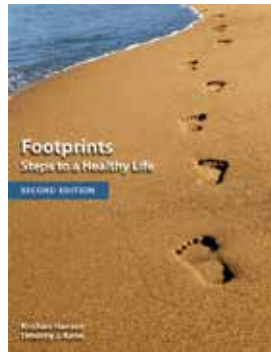
Women Working in Criminal Justice
A Guidebook for Navigating Professional Challenges
by Laura Jakul, PhD, CPsych & Bobbi Walling, PhD, CPsych

Drs. Jakul and Walling have written this book to help female professionals find their way through the sometimes thorny gender-related difficulties presented by the field of criminal justice. Its hybrid approach—part professional handbook, part workbook—informs and prompts self-reflection to help women process and explore their own experiences in what remains a largely male-oriented culture.

152 pages, paper | \$40 | Order# WP179

Resources for Working with Adults with Intellectual Challenges

*A workbook for
intellectually disabled
adults and older
adolescents*



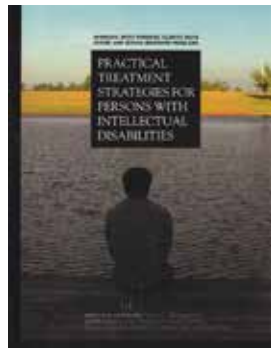
Footprints, 2nd Ed.

Steps to a Healthy Life

by Krishan G. Hansen & Timothy J. Kahn

For developmentally disabled adults and adolescents with sexual behavior problems, clients with learning disabilities, attention deficits, and less than average cognitive abilities. The second edition reflects evolving theories of treatment and emerging practices.

286 pages, paper | \$34 | Order#: WP156

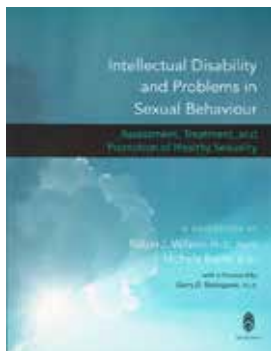


Practical Treatment Strategies for Persons with Intellectual Disabilities

edited by Gerry D. Blasingame

The book delivers solutions to the unique challenges and adjustments needed to effectively engage and intervene with ID/DD clients who have severe behavioral problems, including management of sexual behavior, aggression, and anger, as well as victim treatment and treating mental illness.

176 pages, paper | \$50 | Order#: WP123

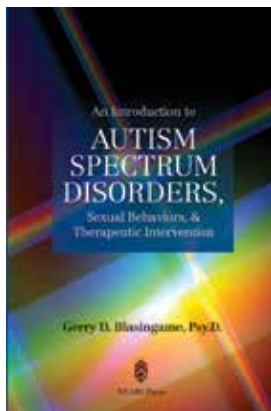


Intellectual Disability and Problems in Sexual Behavior *Assessment, Treatment, and Promotion of Healthy Sexuality*

By Robin Wilson and Michele Burns

This guidebook provides the essential knowledge necessary for those who work with intellectually disabled people with sexual behavior problems. Whether you are a family member, direct care staff, probation/parole officer or a professional creating service plans or providing ongoing support, this manual will help increase your comfort and your understanding of the unique issues of this population.

208 pages, paper | \$32 | Order# WP219



An Introduction to Autism Spectrum Disorders, Sexual Behaviors, and Therapeutic Intervention

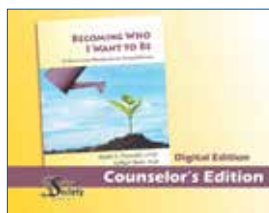
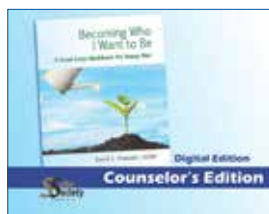
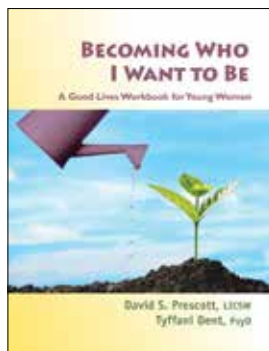
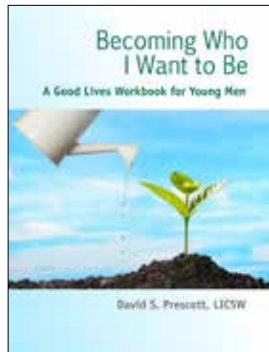
by Gerry D. Blasingame

Provides essential information about the Autism Spectrum Disorders, how to adjust the assessment process to accommodate this disorder, and practical approaches to understanding unique family dynamics, and healthy and problematic sexual behaviors.

148 pages, paper | \$27 | Order# WP150

Workbooks & Treatment Resources for Youth with Problem Behaviors

Full-color workbooks
based on the
Good Lives Model



Counselor's guides
available as digital
downloads

Becoming Who I Want to Be

These workbooks, written utilizing the Good Lives Model (GLM) of rehabilitation, are intended for use with young people (early adolescence into early adulthood) with problem behaviors in a wide range of areas. They can be used in both group and individual counseling modalities.

With significant input from professionals who work with troubled youths, the authors and publisher have designed these workbooks to be fun and engaging for young clients whose adverse childhood experiences and problem behaviors have caused them to fall behind grade level in their reading skills and attention span.

Becoming Who I Want to Be: A Good Lives Workbook for Young Men

by David S. Prescott, LICSW

Order#: WP194 | \$29 | paper, 130 pages

Also in Spanish: Convirtiéndome en la persona que quiero ser

by Maiteé Soto, PsyD, Alejandro Leguizamo, PhD & David S. Prescott, LICSW

Order#: WP224 | \$29 | paper, 130 pages

Becoming Who I Want to Be: A Good Lives Workbook for Young Women

by David S. Prescott, LICSW & Tyffani Dent, PsyD

Order#: WP196 | \$29 | paper, 130 pages

Counselor's Edition: Becoming Who I Want to Be: A Good Lives Workbook for Young Men

by David S. Prescott, LICSW

PDF, 130 pages | \$10 | Order#: WP195D

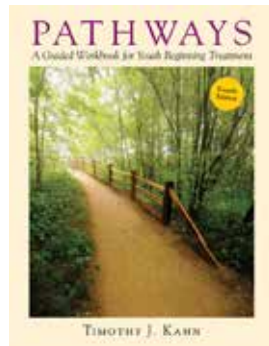
Counselor's Edition: Becoming Who I Want to Be: A Good Lives Workbook for Young Women

by David S. Prescott, LICSW & Tyffani Dent, PsyD

PDF, 130 pages | \$10 | Order#: WP197D

Workbooks & Treatment Resources for Youth with Problem Behaviors

*The fourth edition
of a cornerstone of
treatment for three
decades*



Pathways, 4th Edition

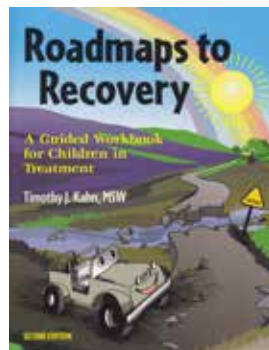
A Guided Workbook for Youth Beginning Treatment

by Timothy J. Kahn

The Fourth Edition reflects current research and clinical experience with adolescents by focusing on strength-based methods to help clients develop healthy and productive lifestyles consistent with the Good Lives Model of rehabilitation. Pathways continues to use a restorative justice theme emphasizing concern for restitution, development of victim empathy and personal responsibility.

380 pages, paper | \$33.00 | Order#: WP146

*For abuse-reactive
boys and girls ages
six to twelve*



Roadmaps to Recovery, 2nd Edition

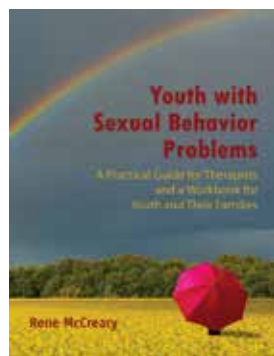
A Guided Workbook for Children in Treatment

by Timothy J. Kahn

Incorporates many components of Trauma-focused Cognitive Behavioral Therapy to facilitate a core evidence-based intervention. Therapy is broken down into 16 distinct steps to help children learn healthier behaviors. Buzzbee, the cartoon jeep, helps your young client navigate these chapters and exercises.

284 pages, paper | \$33.00 | Order#: WP122

*A workbook for
working with youth
and their families*



Youth with Sexual Behavior Problems

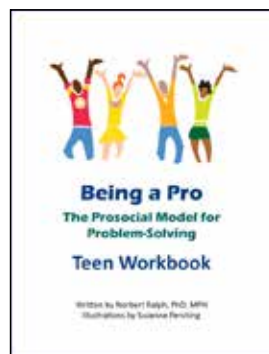
A Practical Guide for Therapists and a Workbook for Youth and Their Families

by Rene McCreary

This workbook is for the treatment of young people with sexual behavior problems. It is intended to be used by the clinician with both the young client and his or her caregiver(s).

100 pages, paper | \$25 | Order#: WP235

*Building pro-social
behaviors*



Being a Pro

The Prosocial Model for Problem-Solving TEEN WORKBOOK

by Norbert Ralph

A 10-module intervention for building prosocial problem-solving skills in justice system-involved youths. Created by Dr. Ralph, who derived the model from evidence-based theory and research showing that interventions to promote prosocial and moral reasoning in teens have positive outcomes.

80 pages, paper | \$16.00 | Order#: WP175

Workbooks & Treatment Resources for Youth with Problem Behaviors



Set of 4 Stages of Accomplishment Workbooks

by Phil Rich

One copy each of the four *Stages of Accomplishment* workbooks
\$50 | Order#: GP213

Expect price increase soon.



Stages of Accomplishment, 2nd Edition

by Phil Rich

Stages of Accomplishment is a set of four inter-related workbooks that assist in the treatment of sexually abusive or sexually troubled adolescents. Building from simpler ideas to more complex and richer concepts, the workbooks take youth through a series of guided exercises that touch on many of the most significant elements of treatment.

The second edition of *Stages* retains the same character as the first, but with a change in language to reflect contemporary thoughts and ideas, a greater focus on adverse childhood experiences and a trauma-informed approach, and a greater focus on rehabilitation, strengths, and planning for success, with new material and chapters.

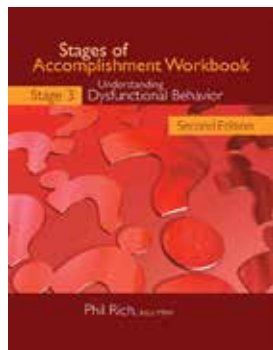
Stage 1, Introduction to Treatment, focuses upon basic concepts and sets the foundation for the workbooks that follow. New to the 2nd Edition: Strength-based rehabilitation as a key goal of treatment.

72 pages, softbound | \$15 | Order #: WP213



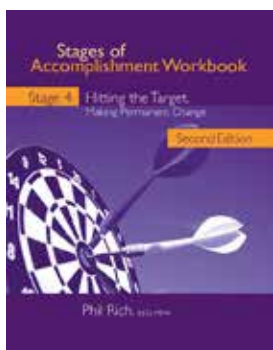
Stage 2, Understanding Yourself, helps youth focus upon and understand emotions, behaviors, thoughts, and thinking errors. New to the 2nd Edition: A chapter on trauma and adverse childhood experiences.

96 pages, softbound | \$15 | Order #: WP214



Stage 3, Understanding Dysfunctional Behavior, identifies and works through behavioral cycles, safe behavior, and relapse prevention. New to the 2nd Edition: The relapse prevention plan has been recast as safe behavior plan.

128 pages, softbound | \$17 | Order #: WP215



Stage 4, Hitting The Target: Making Change Permanent, addresses empathy, victim awareness, community service, communication skills, and healthy relationships. New to the 2nd Edition: A new chapter on planning for success.

164 pages, paperback | \$17 | Order# WP216

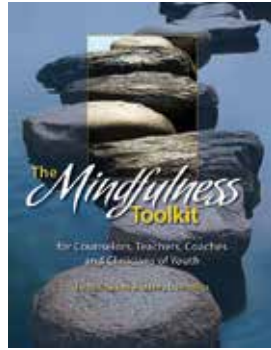
Augmenting individualized treatment, the workbooks are designed to be used in community-based or residential care settings. The accompanying Clinician's Manual (available as a free PDF) will help guide therapists in their use of the workbooks, and includes supplemental tests to ensure retention of learning.

Clinician's Guide to Stages of Accomplishment Workbooks, 2nd Edition

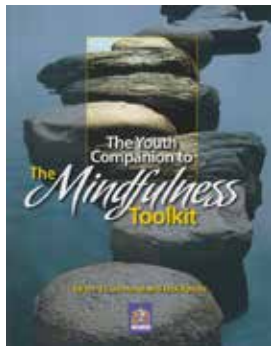
PDF download | 100 pages | Free | WP212D

Workbooks & Treatment Resources for Youth with Problem Behaviors

Tools from
Jack Apsche and Jerry
L. Jennings



The Mindfulness Toolkit for Counselors, Teachers, Coaches and Clinicians of Youth is written for professionals from various disciplines who work with youth who can benefit from building mindfulness skills. It is designed to make mindfulness more fun and engaging through a variety of mindfulness exercises and activities that appeal to youth, such as sports, nature, adventure, and discovery. The Mindfulness Toolkit is designed to facilitate autonomy, a crucial developmental goal for all adolescents, by emphasizing each individual's preferences, choices, and learning pace when selecting and mastering mindfulness techniques that work best for each youth. A companion workbook is available to help facilitate learning.



The Mindfulness Toolkit for Counselors, Teachers, Coaches and Clinicians of Youth

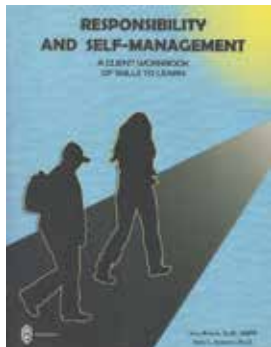
by Jack Apsche and Jerry L. Jennings

PDF format, 84 pages | \$25 | Order#: WP221D

The Mindfulness Toolkit Youth Workbook

By Jack Apsche and Jerry L. Jennings

74 pages, paper | \$15 | Order# WP211



Responsibility and Self Management

A Client Workbook of Skills to Learn

By Jack Apsche, Ed.D., ABPP and Jerry Jennings, Ph.D.

This unique workbook was developed for adolescent treatment based on research and clinical trials. Using principles of Evidenced-Based Treatments and intended for use in both out-patient and in-patient practices, the book addresses multiple issues, including aggression, anger, defiance, and sexually inappropriate behaviors. *Responsibility & Self-Management* looks at how the client's life brought him to a therapist and provides a functional analytic blueprint to treatment.

224 pages, paperback | \$24 | Order# WP209

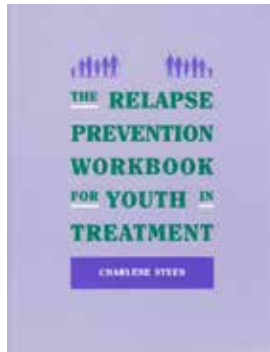
Responsibility & Self-Management:

A Clinician's Manual and Guide for Case Conceptualization

By Jack Apsche, Ed.D., ABPP and Jerry Jennings, Ph.D.

118 pages, paperback | \$18 | Order# WP210

Workbooks & Treatment Resources for Youth with Problem Behaviors



Relapse Prevention Workbook for Youth In Treatment

by Charlene Steen

This classic workbook is written in straightforward and easy to understand language. It instructs the juvenile sexual offender about relapse prevention and how to use a variety of treatment techniques to prevent sexually abusive behavior. The teen client learns about relapse prevention cycles and interventions, with accompanying homework assignments.

160 pages, paper | \$25 | Order#: WP022



STOP! Just for Kids

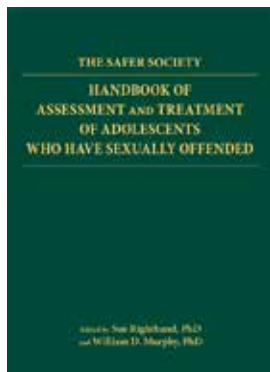
For Kids with Sexual Touching Problems, By Kids with Sexual Touching Problems

adapted by Terri Allred & Gary Burns

The topics of the illegality of sexual abuse, consequences, personal responsibility, consent, empathy, denial, normal sexuality and more are carefully considered. The book's messages are meant to be pondered deliberately, reasoned through one by one, and talked out with a therapist or in treatment.

160 pages, paper | \$8.00 | Order#: WP051

Professional Guides and Resources for working with youth



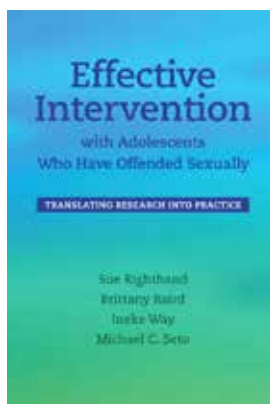
The Safer Society Handbook of Assessment and Treatment of Adolescents Who Have Sexually Offended

edited by Sue Righthand & William D. Murphy

Edited by Dr. Sue Righthand and Dr. William Murphy, two of the leading experts on youth who have sexually harmed, the book is a single-volume reference on the current best practice for professionals working with this population. View the table of contents and contributor bios at the website.

534 pages, paper | \$50 | Order# WP176

A must have reference for anyone working with adolescents with sexual behavior problems.



Effective Intervention with Adolescents Who Have Offended Sexually

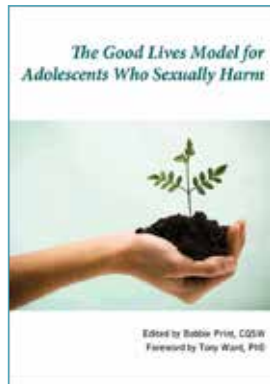
by Sue Righthand, Brittany Baird, Ineke Way & Michael C. Seto

Adolescents who have offended sexually are a diverse population, with different treatment needs. Individualized and evidence-based assessment and treatment are essential. The main goal of this book is to summarize research to highlight dynamic risk factors that are important treatment targets. This small, but information-filled book is a must-have reference.

98 pages, paper | \$15 | Order# WP163

Professional Guides and Resources for Working with Youth

*A valuable reference for using the **Becoming Who I Want to Be** workbooks.*



The Good Lives Model for Adolescents Who Sexually Harm

edited by Bobbie Print, Foreword by Tony Ward

This book explains why an agency in the United Kingdom, G-map Treatment Centre in Manchester, chose to move to the Good Lives Model (GLM) and how they adapted the model for work with adolescents. With contributions from Tony Beech and the team at G-map, this book is grounded in six years of practical experience, with how-to chapters on motivating and engaging young people, assessment, GLM planning, transitions and evaluation, and more. This book is a must for any treatment provider looking to stay on top of the field's latest advances.

232 pages, paper | \$40 | Order#: WP158



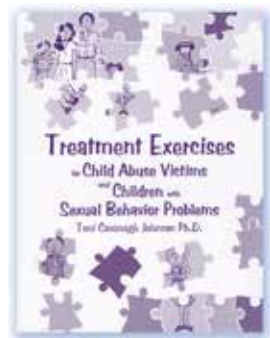
Risk Assessment Of Youth Who Have Sexually Abused *Theory, Controversy & Emerging Strategies*

edited by David S. Prescott

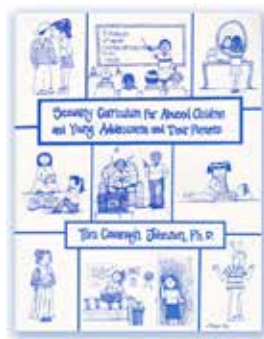
Professionals working with adolescents who have sexually abused frequently need to make decisions about these youth. However, there are no empirically validated means by which these professionals can accurately predict who will or won't become abusive in the future. With the emerging research in this field, clinicians have an obligation to consider what is currently happening when making their treatment plan and supervision decisions. This book summarizes what is known and what is not, and offers suggestions for coping with this most unenviable task.

250 pages, paper | \$32.95 \$16 | Order #: WP119

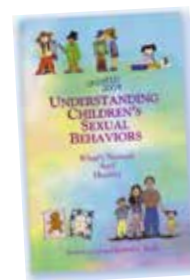
Resources from Toni Cavanagh Johnson



**Treatment Exercises
For Child Abuse Victims
and Children With Sexual
Behavior Problems**
by Toni Cavanagh Johnson
204 pages, paper
\$27.00 | Order#: WP124



**Sexuality Curriculum For
Abused Children and
Young Adolescents, And
Their Parents**
by Toni Cavanagh Johnson
183 pages, paper
\$27.00 | Order#: WP125



**Understanding Children's
Sexual Behaviors**
What's Natural and Healthy
by Toni Cavanagh Johnson
Pamphlet, 26 pages
\$3.00 | Order#: WP126



**Helping Children with
Sexual Behavior Problems**
*A Guidebook For Professionals
& Caregivers*
by Toni Cavanagh Johnson
Pamphlet, 42 pages
\$3.75 | Order#: WP127

The Forward-Focused Model

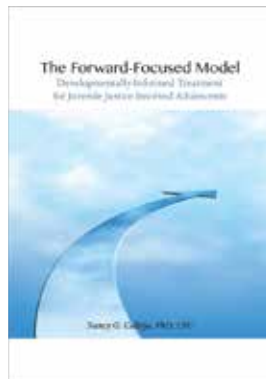
Developed by **Dr. Nancy Calleja** for the California Department of Juvenile Justice, the Forward-Focused Model (FFM) is comprehensive, empirically-designed treatment program for court-involved adolescents.

The Forward-Focused Model is a comprehensive, empirically-designed treatment program for court-involved adolescents. Developed by Dr. Nancy Calleja for the California Department of Juvenile Justice and implemented by the state of California in its juvenile facilities, the FFM is:

- Developmentally informed, with specific attention given to the role of adolescent brain development in both conceptualizing offending behaviors as well as in the delivery of treatment.
- Strengths-based and future or forward-focused, emphasizing an exploration of the past to effectively address any trauma and or victimization issues, while de-emphasizing problems, magnifying strengths, and promoting the acquisition of new intra- and inter-personal skills.
- A comprehensive framework for facilitating a team approach to working collaboratively throughout the treatment process to implement the wide-ranging and diverse interventions.
- An “out of the box” solution. You can implement the program by following the comprehensive guidelines in the Facilitator’s Manual, without expensive outside training.

Three books form a solid foundation for implementing the FFM:

Get a free copy of the workbook when you order the Facilitator’s Manual and the Forward-Focused Model guide. See the webstore.



The Forward-Focused Model *Developmentally-Informed Treatment for Juvenile Justice Involved Adolescents*

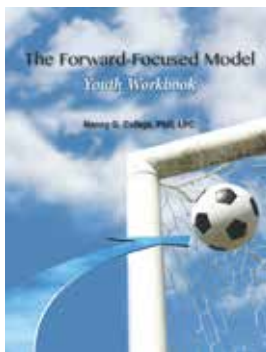
Introduces the theoretical concepts and empirical grounding of the model.

292 pages, paper | \$42 | Order#: WP161

Forward-Focused Model Facilitator’s Manual

A comprehensive guidebook for all team members involved in implementing the program. It is drilled for insertion in a three-ring binder (not included).

418 pages drilled for 3-ring binder | \$60 | Order#: WP171

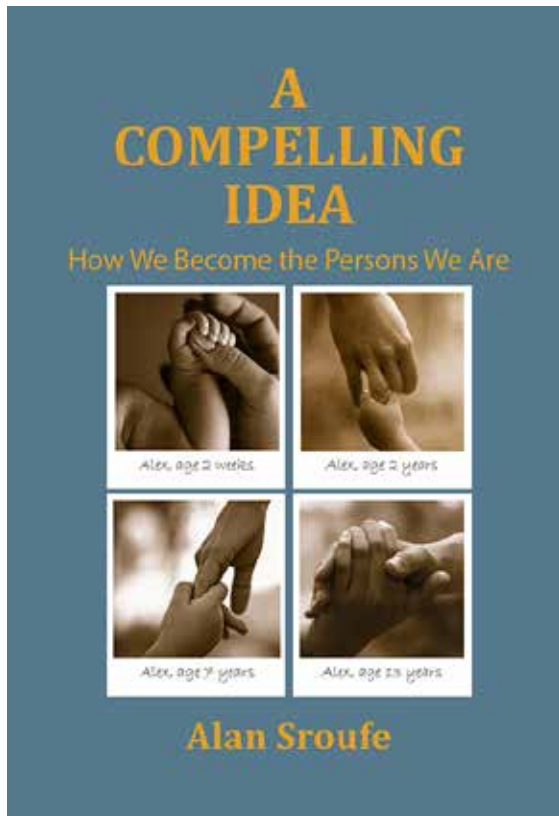


The Forward-Focused Model Youth Workbook

This workbook is intended for use strictly within a broader Forward-Focused Model program. It contains components of the seven treatment stages, and is to be completed independently by each youth and then reviewed with a facilitator.

224 pages, paper \$26.00 Order#: WP172

Together, the three books provide a complete and comprehensive treatment program that also includes quality assurance monitoring tools and an outcomes evaluation.



"This book is brilliant! Alan Sroufe is one of the most thoughtful and inspiring social scientists in the world. This compelling memoir should be read by everyone."

—**JOHANN HARI**, "Best-selling author of *Lost Connections* and *Chasing the Scream*"

A Compelling Idea

How We Become the Persons We Are

by Alan Sroufe

A Compelling Idea is an autobiographical window into the personal and professional journey of a "superstar psychologist."

Alan Sroufe and his team at the University of Minnesota Institute of Child Development conducted the longest running study of human psychological development, establishing the reasons why we each behave as we do and see the world as we do. Sroufe's groundbreaking theoretical and empirical contributions to the fields of developmental psychology and developmental psychopathology have been reported to the academic world in over 150 papers and journal articles and seven books.

From the beginning of his academic career, Alan's motivation to pursue the study of human development was personal. Having been raised in a dysfunctional family, he wanted to know why he had the problems he did and how his mental health could be improved.

A Compelling Idea is his personal story of this road to discovery.

As one reviewer observed, "It is hard to imagine a person with any curiosity regarding who they are and how they developed who would not be fascinated by this book."

Hardcover edition: 184 pages | \$30 | Order# WP223

Paperback edition: 184 pages | \$18 | Order# WP227

"A magnificent combination of memoir and scientific autobiography... *A Compelling Idea* is a compelling narrative that will inform, inspire and illuminate how we can create more courage in our own lives and more connection among all of us, bravo!"

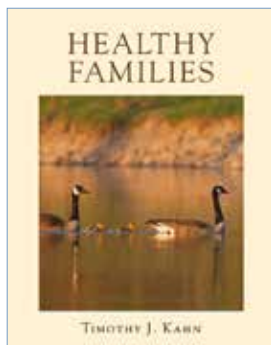
—**DANIEL SIEGEL**, Clinical Professor of Psychiatry, UCLA School of Medicine and NY Times best-selling author of *The Developing Mind* and *Brainstorm*

Resources for Families

Advice for parents from
the author of Pathways
and Roadmaps to
Recovery.

Also available in
Spanish:
Familias sanas.

Check the webstore.



Healthy Families

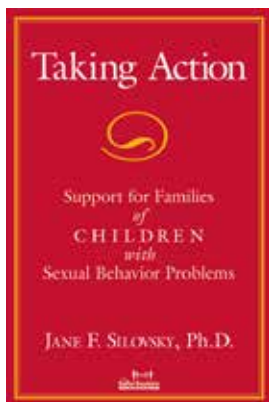
A Guide for Parents of Children and Adolescents with Sexual Behavior Problems

by Timothy J. Kahn

The book gives parents the knowledge they need to make positive, informed, and healthy decisions as their children proceed through the treatment process in any type of outpatient or residential treatment program.

English edition: 132 pages, paper | \$18 | Order#: WP148

The Taking Action
books are now also
available in Spanish.



Taking Action

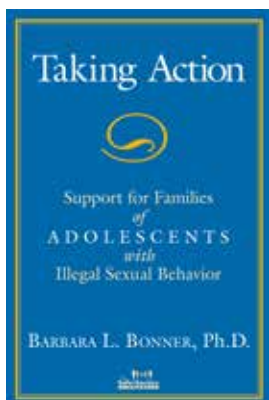
Support for Families of Children with Sexual Behavior Problems

by Jane F. Silovsky, Ph.D.

English: 82 pages, paper | Single copy: \$10 | Order# WP136-1

Spanish: 82 pages, paper | Single copy: \$10 | Order# WP236-1

see below for multiple-copy pricing



Taking Action

Support for Families of Adolescents with Illegal Sexual Behavior

by Barbara L. Bonner, Ph.D.

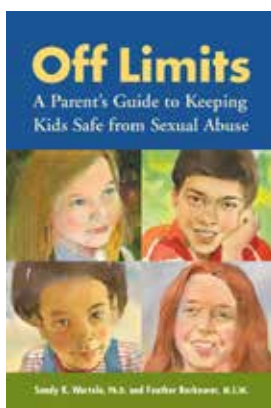
English: 52 pages, paper | Single copy: \$10 | Order# WP137-1

Spanish: 52 pages, paper | Single copy: \$10 | Order# WP237-1

see below for multiple-copy pricing

# of copies in lots of 10	Price
In lots of 10, up to 40	\$60 per ten
From 50 to 200	\$50 per ten
200 and up	\$40 per ten

How to keep kids safe
from sexual abuse.



Off Limits

A Parent's Guide to Keeping Kids Safe From Sexual Abuse

by Sandy K. Wurtele & Feather Berkower

Written by leading experts on sexual abuse prevention, Off Limits is full of practical advice and information for parents, guardians, teachers--anyone responsible for the safety and welfare of children. Best of all, it is easy to read, understand and implement the practical advice that fills each page.

136 pages, paper | \$25 | Order# WP139

Resources for Survivors

*Advice for
adolescents.*



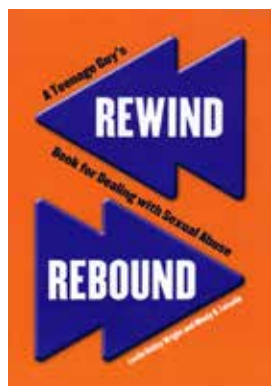
Shining Through

Pulling It Together After Sexual Abuse

by Mindy B. Loiselle & Leslie Bailey Wright

A sensitive, easy-to-read and use guide for young women (ages 10 and up) dealing with sexual abuse. Filled with short, hope-filled chapters and thoughtful exercises.

128 pages, paper | \$16 | Order#: WP052



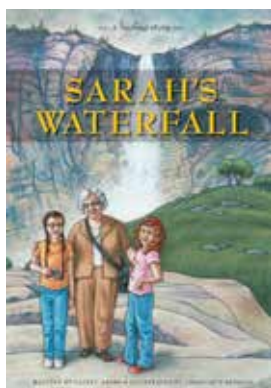
Rewind, Rebound

The teenage guy's book for dealing with sexual abuse

by Leslie Bailey Wright & Mindy B. Loiselle

Speaks directly to the issues faced by teenage male survivors of sexual abuse, helping them understand issues such as their swirling emotions, personal resiliency, and sexuality. (2010)

144 pages, paper | \$22 | Order#: WP140



*A comforting story
with full-color
illustrations.*

Sarah's Waterfall

A Healing Story About Sexual Abuse

by Ellery Akers, illustrated by Angelique Benicio

Sarah's Waterfall is a marvelous tool for helping girls 7-12; it will also appeal to adult women survivors wanting to enhance their own sense of well-being. *Sarah's Waterfall* was written by a survivor for survivors. (2009)

52 pages, hardcover, full color | \$20 | Order#: WP135



The Thursday Group

A Story and Information for Girls Healing From Sexual Abuse

by PeggyEllen Kleinleder and Kimber Evenson

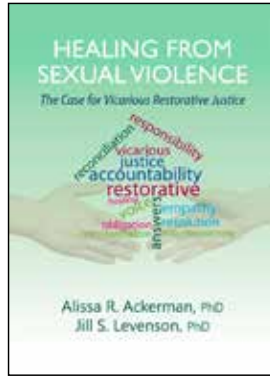
Illustrations by Nancy Radtke

Using a wide range of situations, issues, and coping strategies, and extraordinarily captivating writing, *The Thursday Group* portrays the effects of sexual abuse realistically, recognizing both pain and hope, damage and healing.

272 pages, paperback | \$25 | Order# WP218

Resources for Survivors

Visionary and practical advice on a new approach to healing



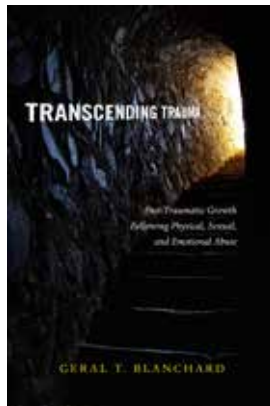
Healing from Sexual Violence

The Case for Vicarious Restorative Justice

by Alissa Ackerman, PhD, and Jill Levenson, PhD

Healing from Sexual Violence explains what vicarious restorative justice is and how it promotes healing without retraumatizing people. It provides a solid framework for incorporating VRJ into clinical practices and communities with material on using trauma-informed approaches. A book that is both visionary and practical.

140 pages, paper | \$20 | Order#: WP198



Transcending Trauma

Post Traumatic Growth Following Physical, Sexual and Emotional Abuse

by GERAL T. BLANCHARD

Examines trauma from a new and encouraging perspective—suggesting that post-traumatic growth (PTG) and even thriving are possible after experiencing painful events. Written primarily for health care professionals, all who are providing support to a survivor of any age will find *Transcending Trauma* a valuable resource for gently guiding the trauma survivor toward the resilient response necessary for post-traumatic growth.

128 pages, paper | \$14 | Order# WP160



Evicting the Perpetrator

A Male Survivor's Guide for Recovery from Childhood Sexual Abuse

by Ken Singer

Male survivors of childhood sexual abuse can find no better guide to a healthy recovery than Ken Singer's. He identifies the connections between childhood abuse and issues of isolation, out-of-control anger, sexual intimacy, and addictions, and provides struggling survivors with an understanding of trauma and its effects that can help them retake control of their lives.

334 pages, paperback | \$24 | Order#: WP217

"Refusing to soft-pedal hard issues, the novel speaks with an astringent honesty, at once heartbreaking and hopeful."

- Kirkus Reviews



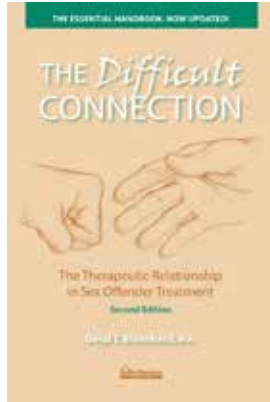
Fighting Words

by Kimberly Brubaker Bradley

This powerful novel explodes the stigma around child sexual abuse and leavens an intense tale with compassion and humor. Bradley tells a story about two sisters, linked by love and trauma, who must find their own voices before they can find their way back to each other. For middle grades (10 years and up) Published by Dial Books.

272 pages, hardcover | \$15 | Order#: WP226

More Professional Resources



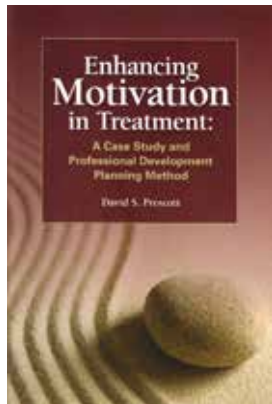
The Difficult Connection

The Therapeutic Relationship in Sex Offender Treatment

by GERALD T. BLANCHARD

Treating persons who sexually abuse is one of the most demanding jobs of a mental health practitioner. If you are treating sex offenders, feeling isolated, and approaching burnout, reading *The Difficult Connection* is like finding a mentor, someone who both understands your issues and can point you in the right direction.

80 pages, paper | \$15 | Order#: WP153



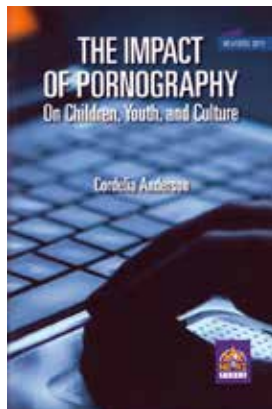
Enhancing Motivation in Treatment

A Case Study and Professional Development Planning Method

by David S. Prescott

This composite case example offers practical ideas and strategies for engaging a teen client from the very beginning of the process. The booklet offers strategies to build upon that initial engagement towards successful outcomes and equally important, sidestepping the inevitable pitfalls when encouraging motivation with teens who have sexually abused.

booklet, 38 pages | \$6 | Order# WP220



The Impact of Pornography on Children, Youth and Culture

by Cordelia Anderson, MA

The author describes the clear shifts in our culture that demonstrates how yesterday's pornography is part of today's mainstream advertising for children. This booklet also provides clear information and resources about what can be done to counter the harm to our children and teens and offers practical tips about how to focus on and promote sexual and relational health.

booklet, 52 pages | \$10 | Order# WP208

Continuing Education Center

Free Webinars

For a list of recorded and upcoming free live webinars, click [here](#)

David Prescott joined the staff of Safer Society in early 2020, right about the time the COVID pandemic was sweeping across the globe. David, who has spent much of his professional life helping to build conduits for the sharing of knowledge and experience across our field, immediately suggested that we begin a free webinar series to keep professionals connected while they worked in quarantine.

Helping Others in Trying Times—the overarching theme of the series—proved extremely popular, with hundreds of attendees for each event. When people began asking about getting continuing education credit for the webinars, we reluctantly had to say no, since the format of the presentations was too informal to receive approval by CE granting agencies.

However, this did make us realize there was an ongoing need for more formal trainings that could earn attendees Continuing Education Credits.

Thus, the Continuing Education Center at Safer Society was born.

Presented by leading experts in the field, and hosted by David Prescott, our slate of training programs is a great way to earn Continuing Education Credits while building focussed skills in a specific topic or area of expertise.

Upcoming Training Programs

To learn more about any of these trainings, click on the banner to view details on our website.



More in the works

We are continually adding new trainings to the program schedule. Be sure to check our training page ([here](#)) for the latest.

More from Safer Society Press



New Circle Magazine: Working with At-Risk Children and Teens

This free online magazine reaches out to all those working with children and adolescents who are at risk across a range of environments, including the community, school, family, and peer group. Find it [here](https://newcirclemagazine.com/):

<https://newcirclemagazine.com/>



Safer Society Foundation was established in 1982 and incorporated as a 501(c)3 nonprofit in 1995. Our mission includes ensuring that all children and teens grow into adulthood free from the harmful effects of trauma. We tackle this goal through two major initiatives:

Safer Society Press, a conduit of knowledge for the professionals and caregivers who work with at-risk youths through:

- Publication of books and media
- Free webinars and podcasts
- Online trainings for continuing education credit
- The New Circle, an online magazine of articles written by and for professionals

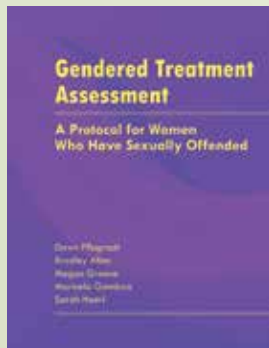
New Circle Mentoring, a community-based mentoring program for at-risk children:

- Established in 2017 in partnership with the Counseling Service and the public schools of Addison County, Vermont.

For more information about the Safer Society Foundation and to learn about ways you can support the Foundation's work, please call 802-247-3132 or visit the website:

www.saferociety.org

New assessment protocol for women who have sexually offended



Gendered Treatment Assessment

A Protocol for Women Who Have Sexually Offended

by Dawn Pflugrad, Bradley Allen, Megan Greene, Maricela Gamboa & Sarah Hoerl

The organization of this book and the included Gendered Treatment Assessment Form are intended to be compatible with those assessment approaches or methodologies derived from a strengths-based treatment paradigm. The authors have set out to provide an assessment approach that is applicable across settings while at the same time is practical and recognizes every client is unique..

52 pages, spiral bound | \$50 | Order# WP238



www.saferociety.org • 802-247-3132

Safer Society Foundation • PO Box 340, Brandon, Vermont 05733