



Continuing Excellence LLC

Unmasking Microaggressions in Clinical Settings

Presenter: Ryan Warner

Date: February 23, 2023

Time: 11:00 AM to 2:15 PM ET *(All times East Coast USA Local Time)*

I. 11:00 a.m. – 11:15 a.m.

- Introduction and Overview

II. 11:15 a.m. - 12:00 p.m.

Part 1: Listen and Learn

- What is unconscious bias and how does it impact our interactions with clients in psychotherapy/clinical supervision?
 - o Ice Breaker Activity
 - o Define conscious bias
 - o Provide statistics that support the impact of unconscious bias on therapy outcomes and workplace performance.
 - o Review the Crawford Bias Reduction Training/Theory Framework
- What are microaggressions?
 - o Discuss the cultural iceberg model
 - o Provide examples of microaggressions in a clinical setting

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III. 12:00 p.m. – 12:30 p.m.

Part 2: Action and Response

- What are ways in which we engage in conversations around microaggressions and culture in the workplace?
- Describe various ways people engage/disengage around conversations related to culture and diversity
- Break out groups

IV. 12:30 p.m. - 12:45 p.m.

- Break

V. 12:45 p.m. - 1:15 p.m.

Part 2: Action and Response Continued

- What are ways in which we engage in conversations around microaggressions and culture in the workplace?
 - o Describe various ways people engage/disengage around conversations related to culture and diversity
 - o Break out groups

VI. 1:15 p.m. – 2:00 p.m.

Part 3: Enhance Workplace Culture

- How do we boost organizational practices to create a more inclusive culture?
 - o List strategies for addressing our mistakes
 - o List techniques to confront/mitigate bias, stereotypes, and microaggressions in a clinical setting

VII. 2:00 p.m. – 2:15 p.m.

- Questions from the audience

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