



Continuing Excellence LLC

An Introduction to Circles of Support and Accountability

Presenter: Robin J. Wilson, Ph.D., ABPP

Date: January 10, 2023

Time: 11:00 AM to 3:30 PM ET *(All times East Coast USA Local Time)*

I. 11:00 a.m. – 12:30 p.m.

- Introduction and overview to Circles of Support and Accountability (CoSA)
 - o The realities of sexual offending
 - o Risk management and desistance
 - o Are persons at "high risk" forever?
 - o Overview of the principles of risk, need, and responsivity

II. 12:30 p.m. -12:45 p.m.

- Break

III. 12:45 p.m. – 2:00 p.m.

- Origins of CoSA
- Goal of pursuing a "balanced, self-determined lifestyle"
- Mission statement
- Core principles
- Volunteer recruitment and training

IV. 2:00 p.m. – 2:15 p.m.

- Break

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V. 2:15 p.m. – 3:30 p.m.

- How and why CoSAs work
- Basic elements of a CoSA covenant
- How CoSAs promote desistance
- Outcome studies
- CoSA research interpreted
- Tips to maximize case management efficacy

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