



Continuing Excellence LLC

Addressing Sexual Abuse Within the Sibling Relationship

Presenter: Linda Valenta

Date: January 20, 2022

Time: 11:00am – 3:30pm ET

I. 11:00am – 12:30pm

- Introductions and program learning goals
- Providing a context for an alternative framework (research support)
- History of sibling intervention and an alternative framework/principles
 - o Group exercise – Why would we not want to bring children together (identifying attitudes/beliefs/bias that might stop us from wanting to bring children together in therapy.
- Planning the first session - considerations when assessing readiness of sibling victim, parents/carers and the sibling who has engaged in the harmful sexual behaviour
- Planning the first session – other issues to consider.
 - o Group exercise – identifying other process and content issues we need to think about before bringing children together.

II. 12:30pm – 12:45pm

- Break

III. 12:45pm – 2:00pm

- Introduction to the stages of sibling joint therapy

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- Facilitating Initial acknowledgements (stage 1) – structure and client examples
- Identifying questions that children and parents have about sexual harm (stage 2)
 - o Group exercise and client examples.
- Exploring family and sibling relationship dynamics (stage 3)
 - o Group exercise - Safe/unsafe house exercise – using client examples

IV. 2:00pm – 2:15pm

- Break

V. 2:15pm – 3:30pm

- Safety planning – introduction to a framework for safety plans (professional, victim and children who has engaged in the harmful sexual behaviour)
- How to talk with families about safety and wellbeing (family safety plans)
 - o Individual exercise – Participants to revisit their answers to the earlier question about why would we not want to bring children together
- Questions
- closing thoughts

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