



Continuing Excellence LLC

Shaping the Future: The Good Lives Model in Theory and Practice

Presenter: David S. Prescott and Gwenda M. Willis

Length: Five Hours, Six Minutes

I. Part 1, Foundations: Two hours, fifteen minutes

- Historical Context
- Risk, Needs, Responsivity
 - o Core aims & assumptions
 - o Treatment context: what works?
 - o RNR vs GLM
 - o Effectiveness of sexual offending treatment
- What else works to prevent reoffending?
- Good Lives Model Resources
- Guided Exercises
- GLM Approach and Core Principles
- Primary Human Goods and Common Life Goals
- Good Lives Model goals compared to RNR “criminogenic needs”

II. Part 2 Overview: One hour, thirty minutes

- Primary Goods in depth
- Introduction to case examples, “Paul” and “Neville”
 - o Good Life Plan
 - o Obstacles to Good Life Plans
 - o Paul discussion
- GLM Research Overview
- Review and wrap-up
- Approach Goals
- Formulation Feedback and Practice

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- Intervention Planning
- Discussion and wrap-up Video #1: 2 hours
- Common barriers to entering and engaging in treatment

III. Part 3, In-Depth Analysis: One hour, twenty minutes

- The case of "Paul:
- Role play, debrief, review and Discussion

IV. OPTIONAL, Paul Role Play: One hour, fifty-six minutes

- Role Play Example

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