



Continuing Excellence LLC

Motivational Interviewing and the Language of Change with Adolescents

Presenter: David S. Prescott

Length: One Hour, Eleven Minutes

I. One Hour, Eleven Minutes

- Learning Objectives
 - o Background
 - o Therapeutic Alliance
 - o Ambivalence
 - o Motivation, Importance, Confidence
 - o What makes a good teacher?
 - o Definitions
- Spirit of Motivational Interviewing
 - o Partnership
 - o Acceptance
 - o Compassion
 - o Evocation
- Change Talk
- Four Skills:
 - o Open Questions
 - o Affirmations
 - o Reflective Statements
 - o Summaries
- Reflective Listening
- Good Life Goals
- Feedback and Hard Truths
- Identifying strengths

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